

# ADORATION

*matroha*

"PRAISE BE  
TO GOD!"

"WHAKAPAINGIA  
TE ATUA!"  
- PSALMS 68:35



# CONFESSION

*whākinga hara*

"IF WE  
CONFESS  
OUR SINS,  
HE IS  
FAITHFUL  
AND  
JUST,  
AND WILL  
FORGIVE  
US OUR  
SINS AND  
PURIFY US  
FROM ALL  
UN  
RIGHT  
EDUSNESS."



KI TE  
WHAKI  
TATOU  
I O  
TATOU  
HARA,  
E PONO  
ANA  
IA, E  
TIKA  
ANA,  
A KA  
MURUA  
E IA O  
TATOU  
HARA,  
KA  
HORDIA  
ATU  
HOKI O  
TATOU  
HE  
KATOA.

# THANKS GIVING

*whakamōemiti*

"ALWAYS  
GLORIFY  
HIM  
WITH  
THANKS  
GIVING"

PSALMS 69:30

KA WHAKA-  
MŌEMITI TAKU  
WAIATA KI  
TE INŌA O  
TE ATUA. KA  
WHAKANUI  
ANŌ TAKU  
WHAKAWHETAI  
IA IA.



# SUPPLI- CATION

"MAKE  
YOUR  
REQUESTS  
KNOWN  
TO  
GOD."

*paahiki*

ENGARI I NGA MEA KATOA  
WHAKAATURIA KI TE ATUA NGA  
MEA E MATEA AI E KOUTOU, I  
RUNGA I TE KARAKIA, I TE INOI,  
ME TE WHAKAWHETAI HOKI.  
-PHILIPPIANS 4:6

# PRAYER JOURNAL

PLEASE

TAKE A FEW MINUTES TO

SHARE A PRAYER OR

EXPRESSION OF YOUR

EXPERIENCE IN THE

PRAYER ROOM IN OUR

24/7

PRAYER

JOURNAL

X